

April 2023

Local Resources (Organizations that offer workshops/education on Advance Care Planning)

Capital Caring- www.capitalcaring.org

CaringMatters- www.caringmatters.org

Compassion & Choices- www.compassionandchoices.org

Griboff Law, LLC- www.griboffestateplanning.com

Holy Cross Caregiver Resource Center- www.holycrosshealth.org /301-754-7152

Jewish Social Service Agency- www.jssa.org

Maryland Attorney General Advance Directives-

www.marylandattorneygeneral.gov/Pages/HealthPolicy/advancedirectives.aspx

Maryland Department of Health – Advance Directive Fact Sheets –

https://mhcc.maryland.gov/mhcc/Pages/hit/hit advancedirectives/hit advancedirectives.aspx

Maryland MOLST (Medical Orders for Life Sustaining Treatment) -

https://app.smartsheet.com/b/publish?EQBCT=184ea510a456427fa6311a2997d6cd92

M. Jane Markley Consulting - http://mjmarkley.com/

Montgomery Hospice- www.montgomeryhospice.org

Montgomery County (MD) Commission on Aging- <u>www.montgomerycountymd.gov/HHS-</u> Program/ADS/COA/COAindex.html

Montgomery County (MD) Department of Health and Human Serviceswww.montgomerycountymd.gov/hhs/

Montgomery County Palliative Care & End of Life Coalition- www.mccelc.org

Palliative Medicine Consultants- www.palliativeconsultants.org

Voice Your Choice (available in multiple languages) - www.voiceyourchoice.org

Online Resources and Tools

Advance Directive for Dementia - https://dementia-directive.org/

Advance Directive for Mental Health Crisis - https://www.mhamd.org/information-and-help/adults/advance-directives/

American Bar Association-

www.americanbar.org/groups/law aging/resources/health care decision making/consumer s toolkit for h ealth care advance planning.html

The Conversation Project- https://theconversationproject.org/

Five Wishes (available in multiple languages)- https://fivewishes.org

Voice Your Choice (available in multiple languages) - www.voiceyourchoice.org

My Directives- https://mydirectives.com/

My Informed Decision on Video (MIDEO)- https://mideocard.com/

Prepare for Your Care (English and Spanish)- www.prepareforyourcare.org

Respecting Choices- https://respectingchoices.org/

Caring Info- www.caringinfo.org

Aging with Dignity- https://agingwithdignity.org/

CDC.gov- Guide to Advance Care Planning

Pediatric and Young Adult: Road to Readiness: Guiding Families of Children and Adolescents with Serious Illness Toward Meaningful Advance Care Planning Discussions

US Department of Veteran Affairs: <u>Making Decisions</u>: <u>Advance Care Planning</u>

Advance Care Planning Online Storage Options

U. S. Living Will Registry- www.uslivingwillregistry.com

Voice Your Choice – www.voiceyourchoice.org

Caring Connections- www.caringinfo.org

My Directives- https://mydirectives.com/

DocuBank- www.docubank.com

Institute on HealthCare Directives- https://institutehcd.com/