

## Locations:



### PMC AT HOME

Our team sees patients in the comfort of their own homes.



### PMC MEDICAL OFFICES

Our doctors and nurse practitioners see patients at the Shady Grove Adventist Aquilino Cancer Center and other medical facilities.



### TELEHEALTH

Our doctors and nurse practitioners offer virtual visits.

For more information on locations, visit [www.palliativeconsultants.org](http://www.palliativeconsultants.org)



# What is Palliative Care?



## Contact PMC

To make an appointment, call us today!

Phone: 301-527-4070

Fax: 240-235-3744

Email: [pmc@palliativeconsultants.org](mailto:pmc@palliativeconsultants.org)

Mailing address:  
1355 Piccard Drive, Suite 100  
Rockville, MD 20850

For more information, visit:  
[www.palliativeconsultants.org](http://www.palliativeconsultants.org)

**Palliative Care is specialized medical care that provides patients relief from the symptoms and stress caused by serious illness and aggressive curative treatments.**



## Palliative Care Goes Hand-in-Hand With Curative Treatment

Palliative care can occur at the same time as all other treatments for your illness. There is absolutely no reason to wait. In fact, some studies have shown that palliative care may extend life, reduce the need for acute care – with fewer visits to physicians and emergency departments –, and reduce medical costs.<sup>[1]</sup>

The Palliative Care Team will help you evaluate different options available, working with you and your doctor to ensure your treatment plan aligns with what is important to you.

### YOUR PALLIATIVE CARE TEAM WILL:

- ✓ Provide relief from pain and other uncomfortable symptoms
- ✓ Assist you in making difficult medical decisions
- ✓ Coordinate care with your other doctors to develop the best plan of care
- ✓ Guide you in planning your care based on your needs, concerns, and goals

[1] Brumley, R. D., Enguidanos, S., & Cherin, D. A. (2003). Effectiveness of a home-based palliative care program for end-of-life. *Journal of palliative medicine*, 6(5), 715–724. <https://doi.org/10.1089/109662103322515220>

## Your Palliative Medicine Consultants Team:



### DOCTORS

The PMC doctors will work with your doctors to manage pain or other symptoms. They are certified in Palliative Care and have experience in providing expert medical care for those living with a serious illness.



### NURSE PRACTITIONERS

Our nurse practitioners are certified and experienced in Palliative Care. They provide expert medical care, visit patients regularly, and assist in coordinating care.



### SOCIAL WORKERS

Our social workers provide patients and families supportive counseling and practical resources to keep patients comfortable in their homes. They also help patients and families with difficult conversations and planning for the future.



### CHAPLAINS

Our chaplains help people find comfort and answers within their own beliefs. Chaplains offer spiritual and emotional support to people of any faith background, or no faith background.



### PEDIATRIC TEAM

Our dedicated pediatric team provides expert care for infants, children, adolescents, and young adults.



## PMC at Home

Our multidisciplinary care team visits patients in their homes and offers individualized treatment plans centered on improving their quality of life.

- ✓ Our trained team of doctors, nurse practitioners, social workers, and chaplains – in partnership with your doctor - provide an extra layer of guidance and support to patient and caregivers.
- ✓ Our at-home care addresses the physical, psychosocial, and spiritual effects of living with a serious illness – such as managing difficult symptoms, stress, and the emotional discomfort that patients and families may experience.
- ✓ Our patients can focus on their goals of care and curative treatments while our team supports them every step of the way.

PMC can also be provided in one of our Medical Offices or via Telehealth.

## How is Palliative Care Reimbursed?

PMC accepts Medicare and CareFirst; note that a co-insurance or co-payment may be required. For other insurances, payment for services will be expected at the time of service. You will be responsible for obtaining reimbursement from your insurance company.