



## HOW DO I FIND A COMMUNITY BASED PALLIATIVE CARE PROVIDER?

Healthcare providers make the initial referral. If you or a loved one have a serious illness talk to your provider about palliative care.

A growing number of community-based providers specifically address the needs of those with serious or advanced illness, including but not limited to\*:

### Homebased Specialty Palliative Care:

- [Aspire Health](#)
- [Capital Caring](#)
- [Palliative Medicine Consultants](#)

### Homebased Primary Care:

- [Capital Coordinated Medicine](#)
- [Care for Your Health \(Office visits also available\)](#)
- [Medicine at Home](#)

### Specialty Palliative Care in Skilled Nursing Facilities:

- [Seasons Hospice and Palliative Care](#)

### Outpatient Palliative Care Clinics:

- [Palliative Medicine Consultants](#) – located at Shady Grove Adventist Aquilino Cancer Center
- [Washington Hospital Center Outpatient Palliative Care Clinic](#)

### Doctor's Office: Primary Care Practices that can specifically address serious illness:

- [Bethesda NEWtrition and Wellness Solutions](#)
- [Maryland Primary Care Program \(MDPCP\)](#) – a new program supporting providers in delivering advanced primary care to address needs of identified patients. This interactive map includes [participating Montgomery County practices](#).

\*Provider list as of January, 2021. If you are a CBPC provider and want to be included in this resource list, please contact the Coalition at: [www.mccelc.org](http://www.mccelc.org)

More information on the benefits of community based palliative care can be found at [Get Palliative Care](#).